

South Hunterdon High School

March 2017
Lunch Menu

Student Lunch \$3.10 Reduced Lunch \$0.40 Adult Lunch \$3.90

All Meals are Served with the Vegetable of the Day and/or a selection from the Harvest Market, Fruit of the Day, and Low Fat Milk Choice

MEDITERRANEAN
BISTRO

NY Style or Personal Pan Pizza
with a Variety of Toppings

Fast &
Fresh

Assorted Freshly Prepared
Specialty Salad Meals

Great
Grillers

Hamburger or Cheeseburger on a Bun
Crispy Chicken Sandwich or
Spicy Buffalo Chicken Sandwich

Deli
Central

Made-to-Order Sandwiches:
Assorted Quality Deli Meats and Cheeses
on Fresh Rolls, Breads, and Wraps
with a Variety of Fresh Toppings

Harvest
Market

Fresh Vegetables, Featured Salads,
Bean Salad, or Veggie Dippers
Featured Daily

Our well-balanced lunches available for the week, average between **750-850 calories**, with **less than 10%** of total calories from **saturated fat** and **0 grams of trans fat!**



Check us out on Facebook: *Maschio's Food Services, Inc.*

Questions or Concerns? Please Visit www.MaschioFood.com

Or Call Maschio's Food Services at: 609-397-1672

The Main Event

Monday

Tuesday

Wednesday

Thursday

Friday

<p>HAPPY SPRING!</p>		<p>1</p> <p>Pulled Pork On a Roll Seasoned Fries Cole Slaw Fresh or Chilled Fruit</p>	<p>2</p> <p>Firecracker Chicken Sandwich with Boom Boom Sauce Tater Tots 100% Juice Sorbet Fresh or Chilled Fruit</p>	<p>3</p> <p>Twisted Cheesy Breadsticks with Marinara Sauce Freshly Prepared Spring Mix Salad Fresh or Chilled Fruit</p>
<p>6</p> <p>Dipper Day Chicken Tenders and Waffle Sticks Fresh Veggie Dippers Fresh or Chilled Fruit</p>	<p>7</p> <p>SCOOP-A-BOWL Taco Meat, Shredded Cheddar Cheese over Rice with Lettuce, Tomatoes, & Salsa Tostitos SCOOPS![®] Tortilla Chips Steamed Corn Fresh or Chilled Fruit</p>	<p>8</p> <p>New Item! Pasta Bar with choice of Meat Sauce, Alfredo Sauce, or Meatballs Marinara Garlic Bread Green Beans Italiano Fresh or Chilled Fruit</p>	<p>9</p> <p>New Item! Breakfast for Lunch Sausage, Egg, & Cheese on a Kaiser Roll Maple Cinnamon Sweet Potatoes Fresh or Chilled Fruit</p>	<p>10</p> <p>Pizza Burger on a Bun Freshly Prepared Italian House Salad Fresh or Chilled Fruit</p>
<p>ARE YOU UP FOR THE CHALLENGE?</p>		<p>CELEBRATE NATIONAL SCHOOL BREAKFAST WEEK!</p>		
<p>13</p> <p>Philly Cheesesteak Hero with Peppers & Onions Seasoned Potato Wedges Fresh or Chilled Fruit</p>	<p>14</p> <p>Grilled Chicken Sandwich w/ Roasted Peppers, Cheese, Balsamic Glaze Mixed Veggies Fresh or Chilled Fruit</p>	<p>15</p> <p>Meatball Parm Hero Steamed Broccoli Fresh or Chilled Fruit</p>	<p>16</p> <p>The MAC Burger on a Bun with Cheese, Thousand Island Dressing, & Pickles Smile Fries Fresh or Chilled Fruit</p>	<p>17</p> <p>Half Day No Lunch Served</p>
<p>20</p> <p>Crispy Bacon Swiss Chicken Sandwich with Ranch Dressing Freshly Prepared Spring Mix Salad Home-Style Peach Crisp Fresh or Chilled Fruit <i>1st Day of Spring</i></p>	<p>21</p> <p>French Dip Turkey Sandwich Baked Beans Green Beans Fresh or Chilled Fruit</p>	<p>22</p> <p>Chicken Parm Sandwich Steamed Broccoli Fresh or Chilled Fruit</p>	<p>23</p> <p>New Item! Italian Hot Dog on a Bun with Potatoes, Peppers, & Onions Curly Fries Fresh or Chilled Fruit</p>	<p>24</p> <p>Mini Pepperoni & Cheese Calzones with Marinara Sauce Freshly Prepared Cucumber & Tomato Salad Fresh or Chilled Fruit</p>
<p>27</p> <p>Mashed Potato Bowl with Popcorn Chicken, Shredded Cheddar Cheese, Corn, & Gravy Dinner Roll Fresh or Chilled Fruit</p>	<p>28</p> <p>Chicken Fajita Wrap w/ Cheddar Cheese, Peppers/Onions, Rice, Steamed Corn Fresh or Chilled Fruit</p>	<p>29</p> <p>Breakfast for Lunch Ham, Egg, Cheese, on a Roll Hash Brown Fresh or Chilled Fruit</p>	<p>30</p> <p>General Tso's Chicken with Rice Steamed Broccoli Fresh or Chilled Fruit</p>	<p>31</p> <p>Mozzarella Sticks with Marinara Sauce Dinner Roll Freshly Prepared Caesar Salad Fresh or Chilled Fruit</p>

Lunch Money On Account

ON LINE MEAL PAYMENTS! (Coming Soon) www.payforit.net

OR

Send In An Envelope With Student Name, Grade & School
Attention 'Food Service'

Checks or Money Orders payable to:
South Hunterdon Regional School District

MENU SUBJECT TO CHANGE

Maschio's
Food Services, Inc.

"This institution is an equal opportunity provider"