

# 25 South Hunterdon High School

December 2017  
Lunch Menu

Student Lunch \$3.10    Reduced Lunch \$0.40    Adult Lunch \$3.90

All Meals are Served with the Vegetable of the Day and/or a selection from the Harvest Market, Fruit of the Day, and Low Fat Milk Choice

**MEDITERRANEAN BISTRO**    **NY Style or Personal Pan Pizza with a Variety of Toppings**

**Fast & Fresh**    **Assorted Freshly Prepared Specialty Salad Meals**

**Great Grillers**    **Hamburger or Cheeseburger on a Bun**  
**Crispy Chicken Sandwich or Spicy Buffalo Chicken Sandwich**

**Deli Central**    **Made-to-Order Sandwiches:**  
**Assorted Quality Deli Meats and Cheeses on Fresh Rolls, Breads, and Wraps with a Variety of Fresh Toppings**

**Harvest Market**    **Fresh Vegetables, Featured Salads, Bean Salad, or Veggie Dippers**  
**Featured Daily**

Our well-balanced lunches available for the week, average between 600-850 calories, with less than 10% of total calories from saturated fat and 0 grams of trans fat!

Connect with us!   

Questions or Concerns? Please Visit [www.MaschioFood.com](http://www.MaschioFood.com)  
Or Call Maschio's Food Services at: 609-397-1672

# The Main Event

Monday    Tuesday    Wednesday    Thursday    Friday

|   |   |  |  |   |   |
|---|---|--|--|---|---|
| <br><h2 style="color: #4a86e8;">HAPPY HOLIDAYS</h2> |   |  |  |   | <p>1 Meatball Parm Sandwich<br/>Tossed Salad<br/>Fresh or Chilled Fruit</p> |
| <p>4 Balsamic Glazed Chicken Sandwich<br/>Italian Salad<br/>Peas &amp; Carrots<br/>Fresh Apple</p>                                    | <p>5 Grilled Cheese Sandwich with Bacon<br/>Tomato Soup<br/>Vegetable Dippers<br/>Fresh or Chilled Fruit</p>  | <p>6 Pulled Pork Sandwich<br/>Baked Fries<br/>Fresh or Chilled Fruit</p>   | <p>7 Breakfast for Lunch<br/>Bacon Egg and Cheese Sandwich<br/>Hash brown<br/>Fresh or Chilled Fruit</p>   | <p>8 <b>New Recipe!</b><br/>Sweet Chili Beef and Noodle Bowl with Green Beans<br/>Fresh or Chilled Fruit</p>                |   |
| <p>11 Crispy Chicken BLT on a Roll<br/>Seasoned Potato Wedges<br/>Fresh or Chilled Fruit</p>  | <p>12 California Cheeseburger<br/>Spiral Fries<br/>Fresh or Chilled Fruit</p>   | <p>13 Chicken Bruschetta Pasta<br/>Garlic Bread<br/>Tossed Salad<br/>Fresh or Chilled Fruit</p>                                      | <p>14 Philly Cheese steak Hero with Peppers &amp; Onions<br/>Tater Tots<br/>Fresh or Chilled Fruit</p>     | <p>15 Chicken &amp; Cheese Quesadilla with Salsa &amp; Sour Cream<br/>Spicy Black Bean Salad<br/>Fresh or Chilled Fruit</p> |   |
| <p>18 Chicken Basket<br/>Tater Tots<br/>Honey Glazed Carrots<br/>Fresh or Chilled Fruit</p>   | <p>19 <b>Taco Tuesday</b><br/>Tacos with Taco Meat, Shredded Cheddar Cheese, Lettuce, Tomato &amp; Salsa<br/>Steamed Rice<br/>Corn<br/>Fresh or Chilled Fruit</p> | <p>20 <b>Mini Cheese Steak Calzones</b><br/>Dipping Sauce<br/>Caesar Salad<br/>Fresh or Chilled Fruit<br/><i>Holiday Pretzel</i></p> | <p>21 <b>First Day of Winter</b><br/>Assorted Pizza<br/>Tossed Garden Salad<br/>Fresh or Chilled Fruit</p> | <p>22 <b>Half Day</b><br/><b>No Lunch Served</b></p>  |   |
| <p>25    26    27    28    29</p> <h2 style="color: #4a86e8;">Enjoy your Winter Break &amp; Have a Happy New Year!</h2>               |   |  |  |   |   |

MENU SUBJECT TO CHANGE

Lunch Money On Account  
**ON LINE MEAL PAYMENTS!** [www.payforit.net](http://www.payforit.net) **OR**  
Send In An Envelope With Student Name, Grade & School  
Attention 'Food Service'  
**Checks or Money Orders payable to:**  
**South Hunterdon Regional School District**

