

Monday

Tuesday

Wednesday

Thursday

Friday

Student Lunch \$3.10 Reduced Lunch \$0.40 Adult Lunch \$3.90
 All Meals are Served with the Vegetable of the Day and/or a selection from the Harvest Market, Fruit of the Day, and Low Fat Milk Choice

MEDITERRANEAN BISTRO **NY Style or Personal Pan Pizza with a Variety of Toppings**

Fast & Fresh **Assorted Freshly Prepared Specialty Salad Meals**

Great Grillers **Hamburger or Cheeseburger on a Bun**
Crispy Chicken Sandwich or Spicy Buffalo Chicken Sandwich


Deli Central **Made-to-Order Sandwiches:**
Assorted Quality Deli Meats and Cheeses on Fresh Rolls, Breads, and Wraps with a Variety of Fresh Toppings

Harvest Market **Fresh Vegetables, Featured Salads, Bean Salad, or Veggie Dippers**
Featured Daily

Our well-balanced lunches available for the week, average between 600-850 calories, with less than 10% of total calories from saturated fat and 0 grams of trans fat!

Connect with us!   

Questions or Concerns? Please Visit www.MaschioFood.com
 Or Call Maschio's Food Services at: 609-397-1672

<p>2 Chicken Tender Basket Smile Fries Dinner Roll Fresh or Chilled Fruit</p>	<p>3 New Recipe! "Srirancha" Cheeseburger on a Bun Tater Tots Fresh or Chilled Fruit</p>	<p>4 National Taco Day! Tacos with Taco Meat, Shredded Cheddar Cheese, Diced Tomatoes, Shredded Lettuce, and Salsa Steamed Rice Corn Fresh or Chilled Fruit</p>	<p>5 Philly Cheese Steak Peppers and Onions Season Fries Strawberry Applesauce</p>	<p>6 Pepperoni Calzone Marinara Sauce Garden Salad Fresh or Chilled Fruit</p>
<p>9 Chicke Cordon Bleu Sandwich Curly Fries Fresh or Chilled Fruit</p>	<p>10 Meatball Parm Sandwich Freshly Prepared Spring Mix Salad Fresh or Chilled Fruit</p>	<p>11 Breakfast for Lunch Bacon, Egg and Cheese on a Roll Hash Browns Orange Juice</p>	<p>12 New Recipe! #Throwback Thursday Buffalo Chicken Mac & Cheese Soft Pretzel Stick Steamed Broccoli Fresh or Chilled Fruit</p>	<p>13 Half Day No Lunch Served</p>
<p>NATIONAL SCHOOL LUNCH WEEK</p>				
<p>16 Crispy Chicken BLT on a Roll Freshly Prepared Creamy Cucumber Salad Fresh or Chilled Fruit</p>	<p>17 Rodeo Burger on a Bun with BBQ Sauce & Onion Rings French Fries Fresh or Chilled Fruit</p>	<p>18 SCOOP-A-BOWL Taco Meat, Shredded Cheddar Cheese over Rice with Lettuce, Tomatoes, & Salsa Tostitos SCOOPS![®] Tortilla Chips Steamed Corn Fresh or Chilled Fruit</p>	<p>19 Breakfast for Lunch Sausage, Egg and Cheese on a Roll Hash Browns Fresh or Chilled Fruit</p>	<p>20 Twisted Cheesy Breadsticks with Marinara Sauce Pasta Marinara Locally Grown Veggie Dippers Fresh or Chilled Fruit</p>
<p>23 Grilled Cheese Sandwich with Bacon Tomato Soup Fresh Veggie Dippers Fresh or Chilled Fruit</p>	<p>24 New Recipe! Chicken Fried Rice Steamed Vegetables Mandarin Oranges Fresh or Chilled Fruit Fortune Cookie</p>	<p>25 Pasta with Meat Sauce Warm Breadstick Freshly Prepared Garden Salad Fresh or Chilled Fruit</p>	<p>26 California Chicken Tender Hero with Lettuce, Tomato, & Mayo Freshly Prepared Tomato Salad Fresh or Chilled Fruit</p>	<p>27 Mozzarella Sticks Freshly Prepared Italian House Salad Fresh or Chilled Fruit</p>
<p>30 Buffalo Popcorn Chicken Basket with Soft Pretzel Sticks & Tater Tots Fresh or Chilled Fruit</p>	<p>31 HALLOWEEN New Recipe! Korean Beef Soft Tacos Asian Slaw 100% Juice Orange Sorbet Fresh or Chilled Fruit</p>	<p> Cook Up your own Recipe for Success during National School Lunch Week! This month we are asking you to create a recipe for Maschio's! Please visit Maschio's website for our Recipe Contest details. There will be three winners company-wide. Each winner will receive a gift basket and gift card. Each winner's recipe creation will be featured on the January Menu!</p>		

MENU SUBJECT TO CHANGE

Lunch Money On Account
ON LINE MEAL PAYMENTS! www.payforit.net OR
Send In An Envelope With Student Name, Grade & School
Attention 'Food Service'
Checks or Money Orders payable to:
South Hunterdon Regional School District

