

2018 CAMP REGISTRATION FORM

GRADES 3-8

9:00 AM-1:00 PM

Registration: \$225.00

DEADLINE: July 1st, 2018

Amount Enclosed:\$ _____

NAME: _____

M/F _____

GRADE ENTERING "2018-19" school year: _____

ADDRESS: _____

CITY: _____ **ST:** _____

ZIP CODE: _____

PHONE #: _____

EMERGENCY #: _____

CONTACTS: _____

- T-SHIRT SIZING

SM ___ **MED** ___ **LG** ___ **XL** ___

Email: _____

PLEASE MAKE CHECKS PAYABLE TO: SHBBC

MAIL TO:

Jason Miller.
18 Harvest Rd.
Levittown, PA 19056

I HEREBY CERTIFY THAT MY SON/DAUGHTER IS IN GOOD PHYSICAL HEALTH AND MAY PARTICIPATE IN CAMP ACTIVITIES. LIABILITY WAIVER: I HEREBY AUTHORIZE THE CAMP DIRECTORS TO ACT FOR ME ACCORDING TO THEIR BEST JUDGEMENT IN ANY EMERGENCY REQUIRING MEDICAL ATTENTION. I HEREBY RELEASE AND DISCHARGE THE CAMP AND STAFF FROM AND AGAINST ANY AND ALL LIABILITY OR CAUSES OF ACTION ARISING OUT OF OR IN CONNECTION WITH PARTICIPATION IN THE CAMP.

PARENT/GUARDIAN SIGNATURE:

2018 FUNDAMENTAL CAMP



FUNDAMENTAL CAMP
GRADES 3-8 – JULY 9th – JULY
12th
9:00am – 1:00pm

SOUTH HUNTERDON
HIGH SCHOOL
FOR BOYS AND GIRLS

QUALITY LEADERSHIP:

JASON MILLER

(HEAD BOYS' COACH, SOUTH HUNTERDON HIGH SCHOOL)

FRANK SCHERMERHORN

(ASST. BOYS' COACH, SOUTH HUNTERDON HIGH SCHOOL)

KRISTA REGAN

(HEAD GIRLS' COACH, SOUTH HUNTERDON HIGH SCHOOL)

INSTRUCTIONAL PLAN:

WHEN YOU ARRIVE YOU WILL BE GROUPED ACCORDING TO AGE, SIZE, AND ABILITY AND PLACED INTO INSTRUCTIONAL GROUPS/TEAMS. THE FUNDAMENTAL CAMP WILL FOCUS ON THE FOUNDATIONS OF BALL SKILLS, SHOOTING, PASSING, DEFENSE AND ITS APPLICATION IN GAME SITUATIONS.

CAMP FORMAT:

- STRETCHING/CONDITIONING
- INSTRUCTIONAL STATIONS
- **LUNCH (BROUGHT BY CAMPER)**
- SPECIAL ACTIVITIES
- TOURNAMENT/GAME PLAY

EQUIPMENT NEEDED:

- SNEAKERS
- SOCKS
- SHORTS
- T-SHIRT
- WATER BOTTLE
- LUNCH

ALL CAMPERS WILL RECEIVE:

- PERFORMANCE EVALUATION FORMS
- INDIVIDUAL IMPROVEMENT HANDOUTS
- CAMP T-SHIRT

WHEN/WHERE TO REPORT:

FUNDAMENTAL CAMP

July 9th BY 9:00 AM

@ REGISTRATION DESK, MAIN GYM
SOUTH HUNTERDON HIGH SCHOOL